

**Health and Wellbeing Board
26 May 2021**

	Report for Information
Title:	To highlight the early findings from research into the impact COVID19 has had on expectant parents, babies and children.
Lead Board Member(s):	Councillor Adele Williams
Author and contact details for further information:	Donna Sherratt - SSBC Head of Programme Donna.sherratt@nhs.net Telephone: 07717720910
Brief summary:	The pandemic has identified many inequalities. The impact on expectant parent's babies and children is under researched and long term impact unknown. The purpose of this paper is to highlight early findings and provide opportunity to explore how the Partnership can use the remaining Small Steps Big Changes (SSBC) investment and work collectively to get up stream in responding to these needs.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- 1) note the early findings identified in local and national reports presented; and
- 2) discuss the opportunities the Board has in responding to the findings.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities.	It is well researched and evidenced that the first 1001 days of a child's life are the most important and determinant's for outcomes in later life. This paper addresses a number of the Health and Wellbeing strategies with a particular focus on Outcome 2. Expectant parents, babies and children will have had a significantly different experience's during their crucial 1001 days
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy.	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles.	

	during the pandemic.
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health.	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well.	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing.	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

The presentation of this paper identifies the important work of the SSBC Partnership Programme in ensuring expectant parents, babies and children are heard and invested in across the Partnership. Mental and physical health are key objectives of the SSBC Programme and therefore fully aligns with the aspirations of the Health and Wellbeing Board.

Background papers:

Nottingham Trent University report
<http://www.smallstepsbigchanges.org.uk/file-manager/News-items/executive-summary-effects-of-covid-19-on-families-with-children-under-five-in-nottingham.pdf>

Best Beginnings - babies in lockdown
<https://www.bestbeginnings.org.uk/news/the-babies-in-lockdown-report>